

Pointe d'Ireuse from La Baume



Visorando



Route n° 78204581

A walk suggested by Vallée d'Aulps Tourisme

Set off on an adventure by climbing Pointe d'Ireuse, an iconic peak offering breathtaking panoramic views. Once at the summit, you can enjoy a spectacular 360° panorama, taking in the majestic Mont Blanc, the impressive Dents du Midi, the sparkling waters of Lake Geneva and the superb Chablais mountains.

This route, accessible to experienced hikers, will take you through the peaceful mountain pastures of Seytrouset and Niffion d'en Haut. These authentic places, preserved by time, exude a unique atmosphere of calm, wilderness and sublime landscapes. With every step you take in these mountain pastures, you will find yourself immersed in a world of serenity, where the beauty of the mountains invites you to contemplate and recharge your batteries.

Duration	7h 05	Difficulty	Difficult
Distance	14,61 km	Return to departure point	Yes
Vertical gain	1 014 m	Activity	Walking
Vertical drop	1 013 m	District	La Baume (74430)
Highest point	1 888 m	Areas	Alps, Chablais
Lowest point	938 m		



Description

Departure from the "Les Frélois" car park.

(S/E) Follow the signs for Chalets de Seytrouset along a track heading west-southwest. Continue climbing along this main track, ignoring all the side paths. You will arrive at the "La Chette" sign.

(1) Continue along the track to Seytrouset and its mountain pasture.

(2) Turn left towards Col de Seytrouset. Climb almost straight up the slope to the pass.

(3) Turn right towards Niffion d'en Haut. The climb starts gently, then becomes steep. Go over a sort of hump and descend to the chalets of Niffion d'en Haut (chapel). Cross the group of chalets.

(4) Then head right (north-east) towards the clearly visible summit. Go around Roc du Château on the left and continue climbing north-north-east to reach the summit of Pointe d'Ireuse (*beautiful view*).

(5) Turn around and descend via the same route back to the car park **(S/E)**.

Waypoints

- S/E Car park - Les Frélois**
N 46.26561° / E 6.601915° - alt. 938 m - km 0
- 1 La Chette**
N 46.254748° / E 6.584205° - alt. 1 457 m - km 4.59
- 2 Seytrouset**
N 46.255117° / E 6.579307° - alt. 1 492 m - km 4.99
- 3 - Col de Seytrouset**
N 46.253978° / E 6.575918° - alt. 1 560 m - km 5.33
- 4 - Chalets de Niffion d'en Haut**
N 46.25995° / E 6.572393° - alt. 1 765 m - km 6.3
- 5 - Pointe d'Ireuse**
N 46.267522° / E 6.574939° - alt. 1 888 m - km 7.31
- S/E Car park - Les Frélois**
N 46.26561° / E 6.601915° - alt. 938 m - km 14.61

Practical information

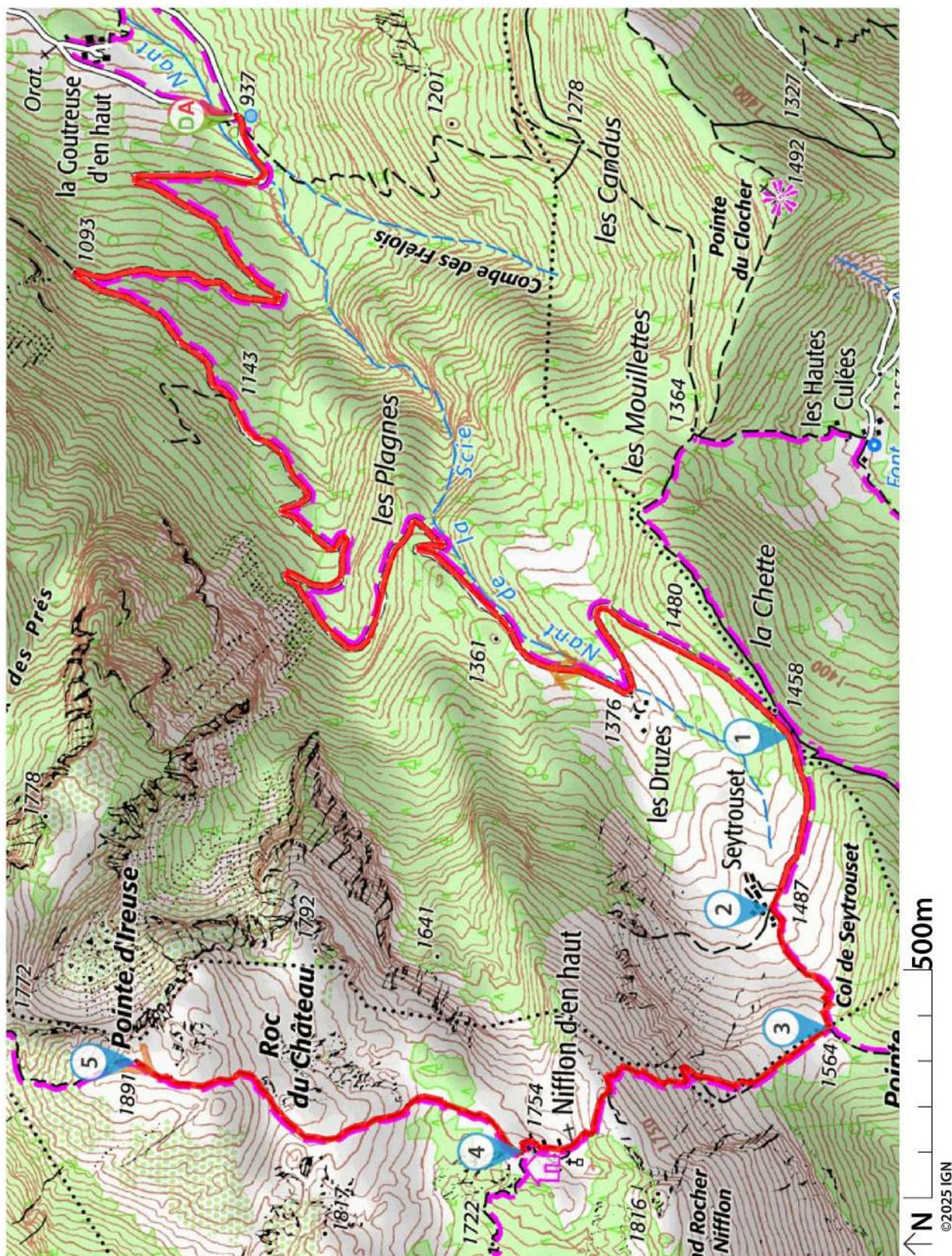
From Seytrouset, the trail is exposed to the sun and has no shade. Take care in hot weather.

In the nearby area

Niffion from above

Let us know your opinion on : <https://www.visorando.com/en/walk-pointe-d-ireuse-depuis-la-baume/>

Find out more : - 1748 Rte des Grandes Alpes



Always stay careful and alert while following a route. Visorando and the author of this walk cannot be held responsible in the event of an accident during this route.



THE WALKER CODE

Visorando

by Visorando

Before the walk



CHOOSE YOUR WALK CAREFULLY

by matching its difficulty and duration to your skill and physical ability.



CHECK THE WEATHER FORECAST

and look for other important information, such as snow, temperature, tide times, wind speed, fire risks, etc.



BE PROPERLY PREPARED

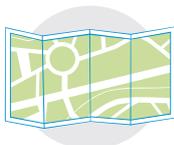
by taking suitable equipment with you, such as whistle, first-aid kit, appropriate clothing and something to eat and drink.



LET SOMEONE KNOW

where you will be walking.

During the walk



STAY ON THE PATH

Follow local signs and keep to marked paths unless wider access is available.



RESPECT THE COUNTRYSIDE

by not damaging fences, fields and crops and not picking fruit or vegetables..



RESPECT LOCAL RESTRICTIONS

such as bans on fires, barbecues, camping, fishing, swimming, etc.



LEAVE GATES AS YOU FIND THEM

be cautious of farm animals : try to go around, not through herds or flocks.



TAKE YOUR RUBBISH HOME

and do not leave any trace of your journey except your footprint.



DON'T MAKE LOTS OF NOISE

and do be respectful and courteous to people along the route.



KEEP YOUR DOG ON LEAD

and have it close to you at every crossroads of other users. Bag and bin its dog poo. Walking with a dog is not recommended on routes where there are farm animals.



THE COUNTRYSIDE IS A LIVING ENVIRONMENT

that evolves with time. Waling is an adventure and there are risks associated with it. Be responsible, and know when it is better to give up and turn around than get into danger.

Countryside Code for England and Wales : <http://www.gov.uk/countryside-code>
Countryside Code for Scotland : <https://www.outdooraccess-scotland.scot/>
Countryside Code for Northern Ireland : <https://www.nidirect.gov.uk/articles/countryside-code>

Emergency contact : 999 (UK) or 112 (Worldwide)

In case of accident, please do not sue the owners of the places where it happened because hikers could be prohibited there then. However, feel free to report to us any risk encountered.