

Seytrouset mountain pasture



A walk suggested by Vallée d'Aulps Tourisme

This is an easy hike. You will follow a quiet road throughout your hike. You will appreciate the cool shade provided by the trees. At the end of the path: the Seytrouset mountain pasture! Enjoy the alpine atmosphere in all its splendour to the sound of cowbells near the wooden chalets, typical of the Savoyard alpine environment.

Duration	4h 20	Difficulty	Moderate
Distance	9,77 km	Return to departure point	Yes
Vertical gain	553 m	Activity	Walking
Vertical drop	553 m	District	La Baume (74430)
Highest point	1 491 m	Areas	Alps, Chablais
Lowest point	938 m		



Route n° 78215666



Description

Departure from the "Les Frélois" car park, on a bend in the road between the hamlets of Urine and La Goutreuse.

(S/E) Follow the signs for Chalets de Seytrouset along a road suitable for cars heading west-southwest. Keep climbing along this main road, ignoring all the side paths. You will arrive at the "La Chette" sign.

(1) Continue along the road and head towards Seytrouset and its mountain pasture.

(2) Turn around and descend the road to the "Les Frélois" car park **(S/E)**.

Waypoints

- S/E Car park - Les Prélois**
| N 46.265601° / E 6.601941° - alt. 938 m - km 0
- 1 La Chette**
| N 46.254748° / E 6.584205° - alt. 1 457 m - km 4.5
- 2 Seytrouset**
| N 46.25505° / E 6.579462° - alt. 1 491 m - km 4.89
- S/E Car park - Les Prélois**
| N 46.265601° / E 6.601941° - alt. 938 m - km 9.77

Practical information

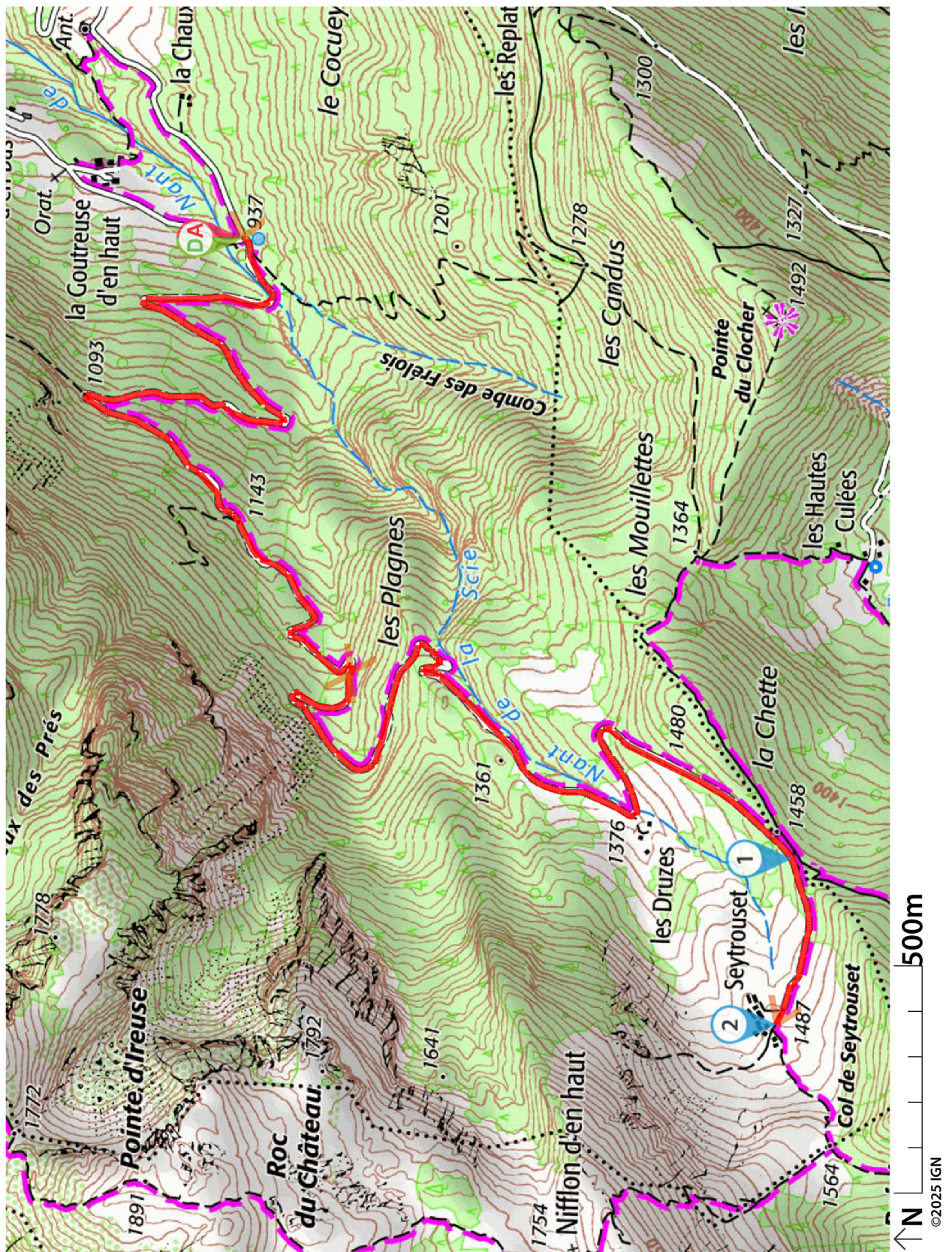
Shaded path. Opens up upon arrival at the mountain pasture.

In the nearby area

- You can continue the route towards Pointe d'Ireuse

Let us know your opinion on : <https://www.visorando.com/en/walk-alpage-de-seytrouset/>

Find out more : - 1748 Rte des Grandes Alpes



Always stay careful and alert while following a route. Visorando and the author of this walk cannot be held responsible in the event of an accident during this route.



THE WALKER CODE

Visorando

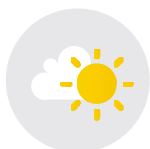
by Visorando

Before the walk



CHOOSE YOUR WALK CAREFULLY

by matching its difficulty and duration to your skill and physical ability.



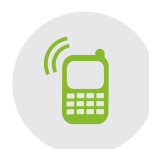
CHECK THE WEATHER FORECAST

and look for other important information, such as snow, temperature, tide times, wind speed, fire risks, etc.



BE PROPERLY PREPARED

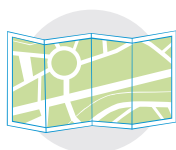
by taking suitable equipment with you, such as whistle, first-aid kit, appropriate clothing and something to eat and drink.



LET SOMEONE KNOW

where you will be walking.

During the walk



STAY ON THE PATH

Follow local signs and keep to marked paths unless wider access is available.



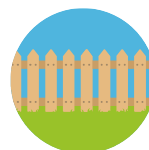
RESPECT THE COUNTRYSIDE

by not damaging fences, fields and crops and not picking fruit or vegetables..



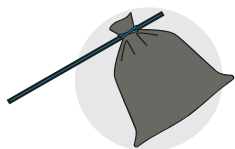
RESPECT LOCAL RESTRICTIONS

such as bans on fires, barbecues, camping, fishing, swimming, etc.



LEAVE GATES AS YOU FIND THEM

be cautious of farm animals : try to go around, not through herds or flocks.



TAKE YOUR RUBBISH HOME

and do not leave any trace of your journey except your footprint.



DON'T MAKE LOTS OF NOISE

and do be respectful and courteous to people along the route.



KEEP YOUR DOG ON LEAD

and have it close to you at every crossroads of other users. Bag and bin its dog poo. Walking with a dog is not recommended on routes where there are farm animals.



THE COUNTRYSIDE IS A LIVING ENVIRONMENT

that evolves with time. Waling is an adventure and there are risks associated with it. Be responsible, and know when it is better to give up and turn around than get into danger.

Countryside Code for England and Wales : <http://www.gov.uk/countryside-code>
Countryside Code for Scotland : <https://www.outdooraccess-scotland.scot/>
Countryside Code for Northern Ireland : <https://www.nidirect.gov.uk/articles/countryside-code>

Emergency contact : 999 (UK) or 112 (Worldwide)

In case of accident, please do not sue the owners of the places where it happened because hikers could be prohibited there then. However, feel free to report to us any risk encountered.