

## Further Informations

Signposted foot path according to the norms of the Department's Chaire

More trekking and walking leaflets, as well as a walker's map, are available in the Vallée d'Aulps tourist offices.

MAPIGN TOP 25, 3528 ET, Morzine

**Do not hesitate to ask them!**



**Don't forget this route goes through several alpine pastures. Don't forget to close the fences and keep your dog on a leash!**



**MEUUUH!**  
Pensez à nous!

**!! CAUTION !!**

**DANGEROUS IN CASE OF SNOW AND BAD WEATHER**

You are walking at your own responsibility. In the mountains, storms are frequent, so listen to the weather forecast before setting off. Wear walking shoes, warm clothes and waterproofs, and take a walker's map. Never go walking alone, and always tell someone of your planned route. Respect nature, don't leave the marked paths and bring back all your litter.

**Chamonix Météo: 08 92 68 02 74  
Rescue: 112**

Conception: C.atherine Hiale / Communauté de Communes de la Vallée d'Aulps 04 50 72 14 54

Communauté de  
Communes  
de la Vallée d'Aulps

7

## The Small tour of Seytroux ridges



very easy



very nice weather



Les Cuiées  
(Seytroux)



350 m



2h20



Mountain chalets,  
view over  
the Vallée d'Aulps

WALKING in

VALLÉE

d'AULPS

of you stand the main summits of the Vallée d'Aulps (Pointe de Nantaux; Roc d'Enfer..).

Follow the path, direction Les Cuiées along the ridge (les Cuiées par les Crêtes).

The path goes through woods until it reaches « La Chette » (1458m). Walk down to the chalets of Les Cuiées d'en Haut, then turn right. The path goes through a dump area... use the wooden planks so your feet won't get wet.

The path ends through alpine pastures where you will meet local cows: here Taines and Abondances cows are at home!



Start from the Cuiées, 5 km away from Seytroux village. Drive to the end of the tarmac road and then follow the forest road for 600m. Park your car next to the wooden sign-



post.

Follow the forest path, direction "Col de Balme". At "l'Avanchèreau", take the path on your right, direction "Col de la Balme" (1445m). Before climbing through alpine pastures, cross the wooden bridge. It's very useful to avoid walking in the "mouilles". This old local expression means: moist area.

When arriving at the Col de La Balme, stop a moment so you can admire the astonishing view: in front

# The Small Tour of Seytroux Ridges

Plan Départemental des Itinéraires de Promenades et de Randonnée

