

background. After a few hairpin bends, there's a second Oratory, dedicated to Saint Guérin.

This path is actually the old route that crossed the valley, before the main road was built. Here, Saint Guérin fell from his mule and died, when returning from Sion... in the year 1501!

Continue your walk until you reach the Bas Thex village. You can also make a slight detour to see the ruins of Notre Dame Abbey (about 15 minutes). Then turn back and head for the Tassonnière bridge where hopefully your car is still parked!

Choose « the Char des Quais Walk »

The façade of the Biot church has recently been completely restored, with a new copper roof. Don't miss the grand hall, witness to the village's past as a trading station, strategically situated on the route from the Abundance valley. Cross the village and pick up the footpath at the Cottet's hamlet.

The itinerary leads you through the forest, past the first oratory before taking you down towards Saint Jean d'Aulps. Good view of the valley: Saint Jean d'Aulps, the ruined Abbey, with Nyon's summit in the

3rd Section

From the Biot to Bas Thex

Did you enjoy this walk? Yes?

Further Informations



Signposted foot path according to the norms of the Department's Chaire

More trekking and walking leaflets, as well as a walker's map, are available in the Vallée d'Aulps tourist offices.

M A P I G N TOP 25, 3:528 ET, Morzine

Do not hesitate to ask them!




Don't forget this route goes through several alpine pastures. Don't forget to close the fences and keep your dog on a leash!



!! CAUTION !!

DANGEROUS IN CASE OF SNOW AND BAD WEATHER


You are walking at your own responsibility. In the mountains, storms are frequent, so listen to the weather forecast before setting off. Wear walking shoes, warm clothes and waterproofs, and take a walker's map. Never go walking alone, and always tell someone of your planned route. Respect nature, don't leave the marked paths and bring back all your litter.

Chamonix Météo: 08 92 68 02 74
Rescue: 112

10 Communauté de Communes de la Vallée d'Aulps

From Villages to Hamlets

TREKKING in VALLEE D'AULPS



the Baume church, the Joty lake and behind it the Forclaz village, to the East Mont Ouzon.

The path then starts downhill to the Baume via the Geydet's hamlet. You can even visit the Promerat chapel, dedicated to Saint Grat and recently restored (ask for the key at the house next door).

Carry on down via Couvaloup, and cross the river Dranse by the Couvaloup bridge. On the other side of the road lies the Biot commune, and the path will take you to the village in about 30 minutes.

From the Bas-Thex to Seytroux

From the Tassonnière bridge, take the road towards Seytroux. 50m after the bridge turn right on to the footpath that runs along side the river Dranse, passing through the Girauds and Ombré hamlets (traditional-style houses). Cross the road at the Rosset's hamlet and then climb towards the Sey by the footpath that runs along the field.

From Seytroux to the Biot

At the end of Sey, the footpath turns into a forestry track, bordered by beautiful pines and spruces. As you come out of the forest, take a moment to admire the view: to the north there's

1st Section

2nd Section

From Villages to Hamlets

Plan Départemental des Itinéraires de Promenades et de Randonnée

