

## Further Informations

Signposted foot path according to the norms of the Department's Chaire

More trekking and walking leaflets, as well as a walker's map, are available in the Vallée d'Aulps tourist offices.

M A P I G N T O P 25, 3528 ET, Morzine

**Do not hesitate to ask them!**



**Don't forget this route goes through several alpine pastures. Don't forget to close the fences and keep your dog on a leash!**



**MEUUUH!**  
Pensez à nous!

**!! CAUTION !!**

**DANGEROUS IN CASE OF SNOW AND BAD WEATHER**

You are walking at your own responsibility. In the mountains, storms are frequent, so listen to the weather forecast before setting off. Wear walking shoes, warm clothes and waterproofs, and take a walker's map. Never go walking alone, and always tell someone of your planned route. Respect nature, don't leave the marked paths and bring back all your litter.

**Chamonix Météo: 08 92 68 02 74**  
**Rescue: 112**

Conception: C.atherine Hiale / Communauté de Communes de la Vallée d'Aulps 04 50 72 14 54

Communauté de  
Communes  
de la Vallée d'Aulps

# 12

## The great tour of Seytroux ridges



TRÉKKING EN  
VALLÉE  
D'AULPS



difficult



very nice weather



Les Culiées  
(Seytroux)



700 m



4h30



Mountain chalets and  
360° view from the  
great peak

Take the path, direction "Pointe de la Gay". Before reaching the top of the Pointe de la Gay you'll cross the Profantas pasture where you can admire generous flora.

At the top of the Pointe de la Gay, enjoy the exceptional panoramic view: the Mont-Blanc, the Roc d'Entfer, etc... Follow the ridges, direction "Les Chavannes", then start going down.

Don't miss a gastronomic stop at Les Chavannes. Here, Ambroise Cruz makes local cheeses (Abondance and tome). You can visit his farm from May to October.

Start heading back down by the forestry track, direction "Les Culiées". At the signpost "Alt. 1450m", take the path on the right, direction "Les Culiées par la Forêt". It takes 1h50 to get back to the car park. And if you're quiet and lucky, you might see game: chamois or roe deer.

3rd  
Section

Follow the forest path, direction "Col de La Balme". At "l'Avanchèreau", take the path on your right, direction "Col de la Balme" (1445m). Before climbing through alpine pastures, cross the wooden bridge. It's very useful to avoid walking in the "mouilles". This old local expression means: moist area.

When arriving at the Col de La Balme, stop a moment so you can admire the astonishing view: in front of you stand the main summits of the Vallée d'Alp (Pointe de Nantoux; Roc d'Entfer...).

1st  
Section

2nd  
Section

# The Great Tour of Seytroux Ridges

Plan Départemental des Itinéraires de Promenades et de Randonnée

